

**Sacramento Fellowship of Narcotics Anonymous
Area Service Committee Agenda for "August 7th, 2019"**
REMINDER: New GSR Orientation will now be at 6:30pm

I. Call to Order at Sierra 2 Center, 2741 24th St, Sacramento at 7:00pm

II. Prayers & Principles

- A. NA Service Prayer – "God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of Your will and grant us a bond of selflessness that this may truly be Your work, not ours – in order that no addict, anywhere, need die from the horrors of addiction." – NA Basic Text, page xvi
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

III. Roll Call/Minutes/Proposals - (7th Tradition Basket will be passed around)

- A. Roll Call/Group Report
- B. NCCNA Report
- C. Suggestions for Brainstorming
- D. Recovery Birthdays
- E. Verify Quorum
- F. Approval of Minutes from "July 3rd, 2019"
- G. Proposals
 - 1.

IV. Elections (Please announce at meetings)

- 1. PR Task Leader
- 2. Outreach Task Leader
- 3. Asst Treasurer
- 4. Jr RCM

V. Break – 7th Tradition Basket will be passed around

VI. General Session

- A. Thanks to those ending their terms
- B. Reports from Admin.

Chair (Literature, Schedules, Treasurer, Web)	Policy & Procedures	PR Coordinator (Phone Lines, H&I)
Vice Chair (Outreach, Unity Day, Vol. Coord.)	RCMs	Treasurer, Assistant Treasurer
Admin Assistant	NCCNA42 Program	

Please skim written reports. We'll discuss only select items and ask for your questions.

VII. Brainstorming and Dialogue

- 1. VIII. Additional Proposals

IX. Update from ASC Treasurer

Beginning Balance Aug 2019		Available Funds for ASC	\$2,678.84
Beginning Balance Aug 2019		Available Funds for H&I	\$8,480.07

Today's Activity at ASC:

<i>Account#</i>	<i>Expenses:</i>		<i>Account #</i>	<i>Income:</i>	\$
614	Agenda Copies		520	Donations from groups	
618	Storage Rental		560	7th Tradition at ASC	
601	Regional donation	\$75.00	540	Donations for Coffee	
605	Schedules		530	Group Literature	
617	Rent (ASC & Admin/H&I)	\$240.00			
650	Phone lines				
616	Admin Supplies				
619	ASC Literature				
627.5	H&I Literature Expense	\$300.00			
614	Coffee Supplies				
643	Laughs Unlimited				
603	RCM Mileage to RSC				
				Total Income at ASC	
				Balance of Inc/Exp @ ASC	
	Total Expenses			Ending Balance	

Activity since last ASC H&I:

<i>Account#</i>	<i>Expenses:</i>		<i>Account #</i>	<i>Income:</i>	\$
627	Literature (H&I)		570	H & I Donation	
628	Additional Schedules	\$10.00	590	H&I Literature Income	\$300.00
			572	H&I Fundraiser	
		\$			
		\$			\$
		\$			
		\$		Total Income at ASC	
		\$		Balance of Inc/Exp @ ASC	
	Total Expenses			Ending Balance	

Ending Balance		ASC	
		H&I	
		Total Balance in Checking	

When we exceed \$6942.50 which is 2 months operating expenses as determined by budget, additional amount will be donated to Region.

X. Close by 9:30 with the "We" version of the Serenity Prayer

REMINDER: New GSR Orientation will now be at 6:30pm

Important Dates for August 2019

- € **ASC Meeting: August 7th, 7pm**, Sierra 2, 2791 24th Street, Sacramento, CA 95818 (1st Wed.)
- € **Admin Meeting: August 21st, 7pm**, Sierra 2, 2791 24th Street, Rm 12, Sacramento, CA 95818 (3rd Wed.)
- € **H & I Task Group: August 12th, 7pm**, Sierra 2, 2791 24th Street, Rm 12, Sacramento 95818 (3rd Mon.)
- € **Unity Day Committee: August 11th and August 2th**, 3520 Bradshaw Road, Rancho Cordova 95670

Admin Position	Name	Email	Elected	Term	Jun	Jul	Aug
01-Chair	Michael R.	chair.sacfna@gmail.com	01/02/2019	Jan 2020		X	
02-Vice-Chair	Joey G	vicechair.sacfna@gmail.com	01/02/2019	Jan 2020	X	X	
03-Admin Assistant	Lisa E	admassist.sacfna@gmail.com	01/02/2019	Jan 2020	X	X	
04-Policy and Procedure	Laree T	policyprocedure.sacfna@gmail.com	01/02/2019	Jan 2020	X	X	
05-PR Coordinator	YOUR NAME HERE	pr.sacfna@gmail.com		Jan 2020			
06-Senior RCM	Julie L.	rcm.sr.sacfna@gmail.com	07/03/2019	Jan 2020		X	
07-Junior RCM	YOUR NAME HERE	rcm.jr.sacfna@gmail.com		Jan 2020	X		
08-Treasurer	Ronda K.	treasurer.sacfna@gmail.com	07/03/2019	Jan 2020	X	X	
09-Asst. Treasurer	YOUR NAME HERE	assist.treasurer.sacfna@gmail.com		July 2020	X	X	

Task Leaders	Name	Email	Elected	Term	Jun	Jul	Aug
10-Literature Task Leader	Travis F.	literature.sacfna@gmail.com	07/03/2019	July 2020	x	X	
11-Asst. Literature Task Leader	Danielle M	assist.literature.sacfna@gmail.com	07/03/2019	July 2020	x	X	
12-H&I Task Leader	Mike L.	h.i.sacfna@gmail.com	10/03/2018	Oct 2019	x		
13-Phoneline Task Leader	Gilbert	phoneline.sacfna@gmail.com	09/05/2018	Oct 2019		X	
14-Schedule Task Leader	Lenna	schedules.sacfna@gmail.com	10/03/2018	Oct 2019	x		
15-Outreach Task Leader	YOUR NAME HERE	outreach.sacfna@gmail.com		Oct 2019			
16-Unity Day Task Leader	Debbie T.	unityday.sacfna@gmail.com	10/03/2018	Oct 2019	x	x	
17-Webservant Task Leader	Gabor	webservant.sacfna@gmail.com	10/04/2017	Oct 2019			
18-Volunteer Coordinator	Leonard Y.	vc.sacfna@gmail.com	07/03/2019	Oct 2019			
19-Coffee Person	Kathy		01/02/2019	Oct 2019	x	x	

SacFNA ASC Group Sign-In and Changes Sheet

	A	B	C	D	E	Q	R	S	T
1	Group	Meeting name	Days	Address and time	Meeting				
2	Num				Type	JUN	JUL	AUG	Comments
3	Multi Meetings								
4	01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Monday, 6pm, 100 Woodland Ave., Woodland Tuesday, 6pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 6pm, 100 Woodland Ave., Woodland Friday, 6pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Saturday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm Mon, M Tue 1 hr, CL Wed 1 hr, BS Thur, W Fri 6pm Sat 6pm, Sun5pm		x	x	
5	02	Over the Rainbow	Multi	Tue, 7 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac (NOT DOWNSTAIRS)	LGBT, 1hr all mtgs		x	x	
6	03	Elk Grove Home Group	Multi	8170 Laguna Blvd., Ste 107 Tuesday, 7:30 pm Thursday and Friday 7 pm	Tues , 1 hr Thur BS, 1 hr Fri 1 hr		x	x	
7	04	New Beginnings	Multi	Sunday, 7:30 pm, 515 2nd St., Woodland Monday, Wednesday, & Sunday 7:30 pm . Last Monday 7:30 p - 9:00p.	Sun 7:30 pm Mon, Weds, & Sun Last Mon 7:30-9		x		
8	07	A New Way of Life	Multi	Sat, Noon, 7595 Center Parkway, Sac Sun, 8:00pm, 7595 Center Parkway, Sac	Sat Noon 1hr Sun 8 pm 1hr		x	x	
9	31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed-Fri 1 hr		x	x	
10	33	Oak Park Fellowship	Multi	Tuesday, 6:00 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, 11:30am, 3425 Martin L. King Jr. Blvd. 2nd Saturday only, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Only Speaker meeting		x	x	
11	38	Through The Gate	Multi	Wednesday 7:00pm -8:30p Sunday 7:00p-8:30p - 2801 C Aramon Dr, RC	Wed Sun BD Wkly		x	x	
12	55	Hump Day Hope	Multi	Tuesday, 12 - 1p, 5321 Stockton Blvd, Comm Rm, Sac Wednesday, 12p-1p, 5321 Stockton Blvd, Comm Rm, Sac Wednesday, 8p-9p, 5321 Stockton Blvd Comm Rm, Sac Thursday, 12 -1p, 5321 Stockton Blvd, Comm Rm, Sac	Tue 1hr Wed BS 1hr Weds evng 1hr Thur 1hr		x	x	
13	65	Group 55	Multi	Mon, Wed, Fri 12:00pm, 4400 58th St., Sac	Mon TD Wed Speaker Fri BS		x	x	

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1	Group	Meeting name	Days	Address and time	Meeting				
2	Num				Type	JUN	JUL	AUG	Comments
14	67	Getting it Right Downtown	Multi	720 7th St, 2nd Floor Monday, Wednesday, Friday 8:00am - 9:00am	Mon Spk 1hr Wed JFT 1hr Fri D 1hr	x	x		
15	81	Recovery at 1500 North A Street.	Multi	1500 North A Street, Sac Sunday 4:00pm-5:00pm Tuesday 7:00pm-8:00pm	Tue- Spk Sun- BS 1hr	x			
16	87	Take a Break to Recover	Multi	11:00am -12:30pm Mon, Tue, Thu, & Fri 7th Str, 2nd Flr, Sacramento 95814	Mom -IP Tue - JFT Thu-BS Fri-BS Living Clean	x	x		
17				Number Attended		13	11	0	
18				Total Meetings this month		13	13	4	
19				Sunday					
21	39	Stepping Stones	Sun	6:00 pm, 9270 Bruceville Rd., Sac	Spk, D, 1.5 hrs	x	x		
22	93	The Morning Wake Up	Sun	8-9:30 am 3900 47th Ave, Sac @ Mercy Housing	1.5 hrs	x	x		
23	96	Sunday Morning Recovery	Sun	10:00 am 720 7th Street, Sac	1 hr Speaker	x	x		
24				Number Attended		2	2	0	
25				Total Meetings this month		3	3	2	
26				Monday					
28	10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	1 hr, NWA, T, D,	x	x		
29	12	Cope Without Dope	Mon	7:00 pm -7128 Florin-Perkins Rd, Sac	1 hr	x	x		
30	14	Fredoom from active addiction	Mon	12:00 - 1:00pm - 7171 Bowling Drive Suite 300, Sac	1 hr				
31	46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	Discussion, No CC,1 hr	x	x		
32	51	Off 99 @ Saybrook	Mon	6:30 pm, 4390 47th Ave, Sac	1 hr 2nd Mon BS	x	x		
33	66	Monday night grab bag	Mon	6:30pm - 9145 Franklin Blvd, Elk Grove, CA 95758	1 hr Grab Bag/ JFT	x	x		
34	86	Boulevard Court Recovery	Mon	7pm- 8:15 pm - 5321 Stockton blvd, Sacto,CA 95820 Blvd Court Community Rm	1 hr 15 min Speaker	x	x		
35				Number Attended		6	6	0	
36				Total Meetings this month		7	7	7	
37				Tuesday					
38	11	No Frills	Tue	7:00 pm - 2376 Zinfandel Drive, Rancho Cordova	No CC 1hr	x	x		

SacFNA ASC Group Sign-In and Changes Sheet

	A	B	C	D	E	Q	R	S	T
1	Group	Meeting name	Days	Address and time	Meeting				
2	Num				Type	JUN	JUL	AUG	Comments
39	28	Clean & Full of Recovery	Tue	7:00 pm, 2100 J Street, sac Buzzer to get in	1hr	x	x		
40	44	The Highlands Group	Tue	7:00 pm - 6010 34th Street, North Highlands	CL, 1 hr, no children please	x	x		
41				Number Attended		3	3	0	
42				Total Meetings this month		3	3	3	
43				Wednesday					
44	13	Clean on Capitol	Wed	7:00 pm - 2100 J St. in Chapel, Sac	1 hr	x	x		
45	21	Galt Fellowship	Wed	Wednesday 6:00pm-7:00pm, 571 C Street, Galt	1 Hr	x	x		
46	27	Quest for Serenity I	Wed	Wednesday 7:00pm-8:00pm, 3900 47th Ave	1 Hr	x	x		
47	82	Welcome Home Men	Wed	7:30pm 7300 Wyndham Dr. Sac. CA Conf Room 1	M	x	x		
48				Number Attended		4	4	0	
49				Total Meetings this month		4	4	4	
50				Thursday					
51	16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park	1 hr 30 min	x	x		
52	50	Ounce of Hope	Thu	7:30 pm - 8:45 pm 2450 Meadowview RD, Sac	1 hr 15 min	x	x		
53	60	South Sac Recovery	Thu	7:00pm - 3900 47th Ave., enter at rear on Martin Luther King	1 hr	x	x		
54				Number Attended		3	3	0	
55				Total Meetings this month		3	3	3	
56				Friday					
57	18	Recovery Connection	Fri	7:00 pm - 2101 Zinfandel, RC	Birthday every week	x	x		
58	20	Natomas Group	Fri	7:00 pm - 910 Striker Ave., Ste. C, Sac	Last Fri - JFT/Birthday		x		
59	24	Cons "R" Us	Fri	8:00 pm - 2620 Capitol Ave., (upstairs) Sac	1 Hr		x		
60	64	Keeping It Real	Fri	6:00 pm -2620 Capitol Ave., Sac	1 hr		x		
61	83	12 Steps to Freedom	Fri	7:00pm - 3900 47th Ave, Sac -	1 Hr	x	x		

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62	88	Never Alone, Never Again	Fri	7:00pm -8:00pm 5836 Dudley Blvd -	1st Fri- Chair 2nd Fri - Book/Potluck 3rd Fri - Speaker 4th Fri - Chair 5th - Stick		x		
63				Number Attended		2	6	0	
64				Total Meetings this month		6	6	6	
65				Saturday					
66	05	Saturday Night Live Elk Grove	Sat	Saturday 8:00pm-9:15p 9270 Bruceville Road Elk Grove	1hr 15min	x	x		
67	22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	x			
68	23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave. Room 4, Sac	W	x	x		
69	25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac			x		
70	41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac 95864 Lutheran Church, Arden and Morse Ave.	M	x	x		
71	43	TU Women	Sat	Noon - 3900 Martin Luther King, Sac	W	x	x		
72	79	Quest for Serenity II	Sat	7:00pm, 3900 Martin Luther King, Sac	1hr	x	x		
73				Number Attended		5	6	0	
74				Total Meetings this month		7	7	7	
75									
76				Monthly Number Attended		38	41	0	
77				Monthly Total Meetings		46	46	36	
78				Quorum = 50%+1 of meetings rounded up		24	24	19	
79				Percent Attended Current Month		82.6%	89.1%	0.0%	

Sacramento Fellowship of Narcotics Anonymous
Area Service Committee Minutes for "July 3rd, 2019"
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II. Prayers & Principles

- A. NA Service Prayer – "God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of Your will and grant us a bond of selflessness that this may truly be Your work, not ours – in order that no addict, anywhere, need die from the horrors of addiction." – NA Basic Text, page xvi
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

III. Roll Call/Minutes/Proposals - (7th Tradition Basket will be passed around)

- A. Roll Call/Group Reports
- B. Suggestions for Brainstorming
- C. Recovery Birthdays
- D. Verify Quorum – 87% - verified
- E. Approval of Minutes from "June 2019" - Approved
- F. Proposals
 - 1. None
 - 2.

IV. Elections

- 1. PR Task Leader - tabled
- 2. Outreach Task Leader - tabled
- 3. Volunteer Coordinator – Leonard Y/volunteered - elected
- 4. Sr. RCM – Julie L/nominated/accepted - elected
- 5. Jr. RCM - tabled
- 6. Treasurer – Rhonda – nominated – accepted - elected
- 7. Asst. Treasurer - tabled
- 8. Literature Coordinator – Travis – nominated – accepted - elected
- 9. Assistant Literature Coordinator – Danielle M– nominated – accepted - elected

V. Break – 7th Tradition Basket will be passed around

VI. General Session

- A. Thanks to those ending their terms
- B. Reports from Admin.

Chair (Literature, Schedules, Treasurer, Web)	Policy & Procedures	PR Coordinator (Phone Lines, H&I)
Vice Chair (Outreach, Unity Day, Vol. Coord.)	RCMs	Treasurer, Assistant Treasurer
Admin Assistant		

Please skim written reports. We'll discuss only select items and ask for your questions.

VII. Brainstorming and Dialogue

1. Idea: Moving sacfna website to Regional web hosting service Google for nonprofits - Mike R
2. Idea: Adding text to schedules - Joel S.
- 3.

VIII. Additional Proposals

IX. Update from ASC Treasurer –

Beginning Balance Jul 2019		Available Funds for ASC	\$5,324.65
Beginning Balance Jul 2019		Available Funds for H&I	\$8,564.96

Today's Activity at ASC:

<i>Account#</i>	<i>Expenses:</i>		<i>Account #</i>	<i>Income:</i>	<i>\$</i>
614	Agenda Copies	\$74.47	520	Donations from groups	\$667.94
618	Storage Rental	\$60.00	560	7th Tradition at ASC	\$43.00
601	Regional donation	\$125.00	540	Donations for Coffee	\$10.00
605	Schedules		530	Group Literature	\$1,186.05
617	Rent (ASC & Admin/H&I)	\$240.00			
650	Phone lines	\$31.79			
616	Admin Supplies				
619	ASC Literature	\$1,681.54			
627.5	H&I Literature Expense	\$300.00			
614	Coffee Supplies				
644	Unity Day	\$2,000.00			
603	RCM Mileage to RSC	\$20.00			
603	Literature Mileage	\$20.00			
				Total Income at ASC	\$1,906.99
				Balance of Inc/Exp @ ASC	(\$2,645.81)
	Total Expenses	\$4,552.80		Ending Balance	\$2,678.84

Activity since last ASC H&I:

<i>Account#</i>	<i>Expenses:</i>		<i>Account #</i>	<i>Income:</i>	<i>\$</i>
627	Literature (H&I)	\$603.52	570	H & I Donation	\$218.63
628	Additional Schedules - only even months		590	H&I Literature Income	\$300.00
			572	H&I Fundraiser	
				Total Income at ASC	\$518.63
				Balance of Inc/Exp @ ASC	(\$84.89)
	Total Expenses	\$603.52		Ending Balance	\$8,480.07

Ending Balance		ASC	\$2,678.84
		H&I	\$8,480.07
		Total Balance in Checking	\$11,158.91

When we exceed \$6942.50 which is 2 months operating expenses as determined by budget, additional amount will be donated to Region.

X. Close by 9:30 with the "We" version of the Serenity Prayer

REMINDER: New GSR Orientation will now be at 6:30pm

Important Dates for July 2019

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- **Admin Meeting: July 17th, 7pm**, Sierra 2, 2791 24th Street, Rm 12, Sacramento, CA 95818 (3rd Wed.)
- **H & I Task Group: July 21st, 7pm**, Sierra 2, 2791 24th Street, Rm 12, Sacramento 95818 (3rd Mon.)
- **Unity Day Committee: July 14th and July 28th**, 3520 Bradshaw Road, Rancho Cordova 95670

ADMIN REPORTS:

Chair Report

Hey area

Update on the website. Still trying to get ahold of our web site admin Bill so that region can setup our test site.

I attended admin.

I attended area last month. Mike

- **Literature**

No report received.

- **Schedules**

I have nothing to report. Thank you for allowing me to be of service. Lenna

- **Treasurer's Report**

August 2019 TREASURER'S REPORT

At 07-17-19 Admin Meeting we discussed the rate increase of ASC and H&I meetings monthly rent.

Please find the 6 month report of Group contributions (located at back of agenda). Notice that we are now using the term contributions. I look forward to serving as Treasurer. We do need to elect an Assistant Treasurer. Ronda

- **Web Servant**

Hi Everyone,

This month I updated the website by removing outdated materials.

Just a quick reminder, if you have an upcoming event, please make sure to send us a softcopy.

A pleasure to being in service, Gabor

Vice Chair Report

Hi everyone, I attended admin, completed the audit, checked our mail.

Outreach:

Banner : The SACFNA Banner Is currently located at stepping stones elk grove meeting.

Thank you for letting me be of service. Joey

- **Outreach**

Vacant.

- **Unity Day**

No report received.

- **Volunteer Task Leader**

Hello,

So I haven't had a chance to do much for my first month because I couldn't get the binder so I'm getting a new one.

I did go to admin. To make my report and to get this process started. I am on vacation and will really start to give this position all the attention it deserves. If there is anyone that would like be of service anywhere please let me know. Thank you for letting me of service. Leonard

- **NCCNA 42 Liason**

No report received.

Admin Assistant Report

Hello Area,

I attended admin last month, submitted group changes to our Schedule Coordinator, and put together our agenda for area this month. It's a pleasure to be of service. Lisa E

Policy and Procedure Report

Hi Everybody,

I attended admin last month, and I wanted to ask GSRs please announce open admin positions at groups. The following positions are open:

- Asst. Treasurer
- Junior RCM
- PR Coordinator
- Outreach Task Leader

Thank you for letting me of service. LaRee T

Public Relations Report

Vacant

- **Phoneline Report**

Phoneline Report – July 2019

There were 28 calls to the helpline from July 1st to July 31st. All calls were forwarded to a volunteer, there were no abandoned calls reported by the machine. There were 7 messages left on the system in July. I was able to get back to three callers and helped them find a meeting or helped with questions they had pertaining to NA. The other 3 messages were hang ups. One message was from someone who left their phone at a meeting and I was unable to get in touch with that caller. The machine also reported 7 missed calls in July. The machine does categorize a call as missed when the caller chooses the option to listen to the recordings rather than have their call transferred to a live person. Therefore the missed calls may be people listening to the meeting recordings.

I had previously prepared a laptop for the Phoneline Coordinator position that contained all the software I personally use to manage the position. That laptop was stolen from the last person who filled this position. I did some side work recently and was given an older laptop that was no longer wanted. I have taken that laptop and once again configured it for use by any future Phoneline Coordinator volunteer. I will hold on to it until someone relieves me of my position. It has all the necessary software, copies of all my files, and training videos I have created that show you how to manage the Freedom Voice machine that runs the Phoneline. Gilbert C

- **H & I Report**

Good evening everybody,

We have decided to spend an extra\$150.00 monthly to spend on books for our various facilities including the jail and RCCC. Also wen have recently we have lost the VOA facility due to its closure, as well as the Salvation Army, which will be closing September 1st. As always, your support is welcomed and appreciated. Thank you for letting me be of service. Mike L

RCM's Report

2019-08-07 RCM Report

Deb & I attended Region on July 13th. There were 16 out of 23 Area's represented and 24 out of a possible 46 RCM's in attendance. We had quorum with the 11 F.S.T. Members present.

I reported our monthly contribution and that we are in need of an Assistant Treasurer, PR and Outreach Task Leaders. People NOT stepping up to service seems to be a common theme. I announced our upcoming events and took the flyers I was given for the Regional Information Counter. On that note, please make sure you give us flyers at least two to three months before your event so the RCM's have plenty of time to take them back to their Areas and their GSR's have time to take them back to their meetings. I brought back Regional Events Calendar Forms if you want your event posted on the Regional Calendar.

The Motions to Approve the Regions Calendar, Budget and Action Plan presented at the June's meeting was passed. We were not in attendance for that meeting, so we were in agreement with what was presented at the July meeting.

In Open Forum, the YAHCNA – Young at Heart Traveling Convention of NA asked if our Region would be interested in hosting their Convention. Last year it was in Seattle. We unable to get adequate information to make a decision. So, the Chair asked the Regional Delegate to collect information and report it at September's meeting. August is a dark month and there will be NO meeting. Also, the Regional Delegate had a question from the Western States Zonal Forum on under served rural communities. Vietnamese, Muslim, Deaf and Spanish Speaking in Institutions were also discussed. Who's job is it, PR, H&I, or Fellowship as a whole? More discussion to follow in September.

NCCNA 42 has vacancies for Host, Chair and Vice Chair, Registration Chair and Vice-Chair and Host Advisor. The Committee would also like to know how many meetings there are per Area so they can get equal representation.

In the 2018 Conference Agenda Cycle, the Fellowship approved a new piece of literature, the Spiritual Principle a Day Meditation Book. Between now and September 1, 2019, members have the opportunity to review all or part of what has been posted, and provide input at www.na.org/spad.

Things have changed quite a bit since the last time I was RCM. I was unaware they had changed to paperless. I will have to catch up on this new way of doing things, including getting a computer and learning how to use it!

Thanks for letting us be of service, Julie & Deb.

**Sacramento Fellowship of Narcotics Anonymous
Groups Contributions (6 months)
January through June 2019**

	<u>Jan 19</u>	<u>Feb 19</u>	<u>Mar 19</u>	<u>Apr 19</u>	<u>May 19</u>	<u>Jun 19</u>	<u>TOTAL</u>
- Group Donations							
<u>- Multi Meetings</u>							
01 - Recovery is Real	50.00	0.00	83.00	85.46	50.00	25.00	293.46
02 - Over the Rainbow	88.55	35.89	131.01	56.29	95.34	142.00	549.08
03 - Elk Grove Home Group	0.00	33.00	4.00	25.00	85.75	64.00	211.75
04 - New Beginnings	0.00	0.00	50.00	0.00	0.00	0.00	50.00
33 - Oak Park Fellowship	0.00	100.00	100.00	100.00	0.00	0.00	300.00
55 - Hump Day Hope	20.00	0.00	0.00	0.00	50.00	0.00	70.00
65 - Group 55	20.00	20.00	20.00	20.00	195.00	20.00	295.00
87 - Take a Break to Recover	15.00	10.00	0.00	10.00	15.00	10.00	60.00
Total - Multi Meetings	193.55	198.89	388.01	296.75	491.09	261.00	1,829.29
<u>- Sunday Meetings</u>							
07 - New Way of Life	0.00	204.47	50.00	25.00	20.00	0.00	299.47
39 - Stepping Stones	107.59	0.00	119.04	79.48	0.00	65.15	371.26
81 - Why It Works	20.00	10.00	20.00	20.88	20.00	20.00	110.88
93 - The Morning Wake UP	10.00	20.00	9.00	18.00	20.00	0.00	77.00
96 - Sunday Morning Recovery	0.00	0.00	0.00	0.00	11.07	0.00	11.07
Total - Sunday Meetings	137.59	234.47	198.04	143.36	71.07	85.15	869.68
<u>- Monday Meetings</u>							
10 - Time and Change	0.00	0.00	38.04	0.00	49.85	18.78	106.67
46 - Life AFter Dope	0.00	19.47	0.00	42.00	7.43	27.50	96.40
51 - Off99@Saybrook	0.00	37.42	25.00	25.00	24.00	27.55	138.97
Total - Monday Meetings	0.00	56.89	63.04	67.00	81.28	73.83	342.04
<u>- Tuesday Meetings</u>							
11 - No Frills	0.00	0.00	39.08	16.30	0.00	9.09	64.47
12 - Cope Without Dope	0.00	20.00	0.00	21.00	0.00	0.00	41.00
44 - The Highlands Group	0.00	0.00	0.00	0.00	20.00	0.00	20.00
Total - Tuesday Meetings	0.00	20.00	39.08	37.30	20.00	9.09	125.47
<u>- Wednesday Meetings</u>							
13 - Clean on Capitol	0.00	0.00	42.26	9.89	0.00	0.00	52.15
82 - Welcome Home Men	10.63	25.19	57.50	0.00	0.00	0.00	93.32
Total 525 - Wednesday Meetings	10.63	25.19	99.76	9.89	0.00	0.00	145.47
<u>- Thursday Meetings</u>							
16 - Courage to Change	0.00	10.00	5.00	5.00	5.00	5.00	30.00
<u>- Friday Meetings</u>							
18 - Recovery Connection	10.05	36.65	0.00	43.10	17.40	0.00	107.20
20 - Natomas Group	87.35	45.30	58.26	56.95	24.28	0.00	272.14
64 - Keep It Real	40.00	0.00	50.00	0.00	44.00	0.00	134.00
88 - Never Alone Again	0.00	0.00	0.00	5.00	0.00	0.00	5.00
Total - Friday Meetings	137.40	81.95	108.26	105.05	85.68	0.00	518.34

	<u>Jan 19</u>	<u>Feb 19</u>	<u>Mar 19</u>	<u>Apr 19</u>	<u>May 19</u>	<u>Jun 19</u>	<u>TOTAL</u>
<u>- Saturday Meetings</u>							
05 - Saturday Night Live	133.22	72.48	85.78	72.35	99.35	54.55	517.73
21 - Keep It Simple	10.26	29.30	3.02	0.00	9.94	16.09	68.61
22 - E Street Book Study	46.92	50.18	63.77	82.87	35.01	47.91	326.66
23 - Woman to Woman	42.68	35.95	61.75	48.58	38.30	8.13	235.39
24 - Cons R Us	0.00	0.00	0.00	30.00	0.00	0.00	30.00
25 - Saturday Night Traditions	9.67	0.00	0.00	21.00	0.00	14.00	44.67
41 - Learning to Care	50.74	22.36	48.61	50.42	3.15	69.43	244.71
43 - Terminal Uniqueness Women	20.00	13.50	9.00	19.50	19.89	12.35	94.24
Total - Saturday Meetings	313.49	223.77	271.93	324.72	205.64	222.46	1,562.01
<u>- H & I Donations</u>							
.01 - Recovery Is Real	50.00	0.00	83.00	85.46	50.00	25.00	293.46
.03 - Elk Grove Home Group	38.25	54.00	65.00	93.25	68.00	42.00	360.50
.10 - Time and Change	0.00	0.00	0.00	10.55	0.00	0.00	10.55
.12 - Cope Without Dope	0.00	20.00	0.00	21.00	0.00	0.00	41.00
.20 - Natomas Meeting	40.65	18.06	19.33	35.41	10.00	0.00	123.45
.21 - Keep it simple	0.00	0.00	0.00	0.00	0.00	0.00	0.00
.22 - E Street Book Study	36.35	49.27	51.51	26.76	26.01	26.36	216.26
.23 - Woman to Woman	14.25	12.00	21.00	17.00	13.00	3.00	80.25
.24 - Cons R Us	0.00	0.00	0.00	30.00	0.00	0.00	30.00
.25 - Saturday Night Traditions	49.96	54.00	32.51	70.75	23.02	36.84	267.08
.41 - Learning to Care	58.69	60.15	45.51	53.25	28.75	51.99	298.34
.43 - Terminal Uniqueness Wo	20.00	13.50	9.00	19.50	0.00	12.35	74.35
.51 - Off 99 @ Saybrook	0.00	0.00	25.00	25.00	0.00	0.00	50.00
.55 - Hump Day Hope	0.00	0.00	0.00	0.00	50.00	0.00	50.00
.64 - Keep it Real	0.00	40.00	0.00	0.00	0.00	0.00	40.00
.65 - Group 55	10.00	10.00	10.00	10.00	185.00	10.00	235.00
.67 - Getting It Right Downtown	10.00	5.00	9.00	10.00	8.00	7.00	49.00
.82 - Welcome Home Men	10.63	25.20	57.50	0.00	0.00	0.00	93.33
.93 - The Morning Wake UP	10.00	20.00	9.00	18.00	20.00	0.00	77.00
Total - H & I Donations	348.78	381.18	437.36	525.93	481.78	214.54	2,389.57