

Sacramento Fellowship of Narcotics Anonymous
Area Service Committee Agenda for "December 5, 2018"
REMINDER: New GSR Orientation will now be at 6:30pm

I. Call to Order at Sierra 2 Center, 2741 24th St, Sacramento at 7:00pm

II. Prayers & Principles

- A. NA Service Prayer – "God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of Your will and grant us a bond of selflessness that this may truly be Your work, not ours – in order that no addict, anywhere, need die from the horrors of addiction." – NA Basic Text, page xvi
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

III. Roll Call/Minutes/Proposals - (7th Tradition Basket will be passed around)

- A. Roll Call/Group Reports/Verify Quorum
- B. Recovery Birthdays
- C. Suggestions for Brainstorming
- D. Approval of Minutes from "November 7, 2018"
- E. Proposals

IV. Elections- January elections: Chair, Vice Chair, Admin. Assistant, Policy and Procedure Person, and Public Relations Coordinator.

V. Break – 10 minutes

VI. General Session

- A. Thanks to those ending their terms
- B. Reports from Admin.

Chair (Literature, Schedules, Treasurer, Web)	Policy & Procedures	PR Coordinator (Phonelines, H&I)
Vice Chair (Outreach, Unity Day, Vol. Coord.)	RCMs	Treasurer, Assistant Treasurer
Admin Assistant		

Please read the written reports before we meet and be prepared with questions and/or comments.

VII. Brainstorming and Dialogue

- a.

VIII. Additional Proposals –

IX. Update from ASC Treasurer –

Beginning Balance December 2018		Available Funds for ASC	\$6,481.73
Beginning Balance December 2018		Available Funds for H&I	\$5,892.66

Today's Activity at ASC:

<i>Account#</i>	<i>Expenses:</i>		<i>Account #</i>	<i>Income:</i>	<i>\$</i>
614	Agenda Copies	\$	520	Donations from groups	\$
618	Storage Rental	\$	560	7th Tradition at ASC	\$
601	Regional donation	\$125.00	540	Donations for Coffee	\$
605	Schedules	\$	530	Group Literature	\$
617	Rent (ASC & Admin/H&I)	\$240.00	552	Unity Day	\$
650	Phone lines	\$			\$
616	Admin Supplies	\$			\$
619	ASC Literature	\$			\$
627.5	H&I Literature Expense	\$300.00			\$
644	Unity Day	\$			\$
603	RCM Mileage	\$			\$
603	Literature Mileage	\$			\$
		\$			\$
		\$		Total Income at ASC	\$
		\$		Balance of Inc/Exp @	\$
	Total Expenses	\$		Ending Balance	\$

Activity since last ASC H&I:

<i>Account#</i>	<i>Expenses:</i>		<i>Account #</i>	<i>Income:</i>	<i>\$</i>
629	Literature (H&I)	\$	570	H & I Donation	\$
628	Additional Schedules	\$10.00	572	H&I Fundraiser	\$
		\$	627	H&I Literature Income	\$
		\$			\$
		\$			\$
		\$		Total Income at ASC	\$
		\$		Balance of Inc/Exp @	\$
	Total Expenses	\$		Ending Balance	\$

Ending Balance		ASC	\$
		H&I	\$
		Total Balance in Checking	\$

When we exceed \$6942.50 which is 2 months operating expenses as determined by budget, additional amount will be donated to Region.

X. Close by 9:30 with the "We" version of the Serenity Prayer

REMINDER: New GSR Orientation will now be at 6:30pm

Important Dates for December 2018, plus more.....

- **ASC Meeting: Jan. 2nd, 7pm**, Sierra 2, 2791 24th Street, Sacramento, CA 95818 (1st Wed)
- **Admin Meeting: Dec. 19th, 7pm**, Sierra 2, 2791 24th Street, Rm 12, Sacramento, CA 95818 (3rd Wed)
- **H & I Task Group: Dec. 17th, 7pm**, Sierra 2, 2791 24th Street, Rm 12, Sacramento 95818 (3rd Monday)
- **Public Relations Task Group Meeting: Dec. 27th, 7pm**, Starbucks, 1401 Alhambra Blvd., Sacramento, 95815 (4th Thurs) ***Needs Support!***
- **Outreach Task Group Meeting: Dec. 10th, 7pm**, Straw Hat Pizza, 2929 Mather Field Rd., Rancho Cordova, 95670 (2nd Mon)
- **Schools Presentation Task Group Meeting: Dec. 10th, 7pm**, Straw Hat Pizza, 2929 Mather Field Rd., Rancho Cordova, 95670 (2nd Mon)

Admin Position	Name	Email	Elected	Term	Oct	Nov	Dec
01-Chair	Tamara R.	chair.sacfna@gmail.com	01/03/2018	Jan 2019	X	X	
02-Vice-Chair	Michael R.	vicechair.sacfna@gmail.com	01/03/2018	Jan 2019	X	X	
03-Admin Assistant	Emily L.	adm.assist.sacfna@gmail.com	06/27/2018	Jan 2019	X	X	
04-Policy and Procedure	Nina P	policyprocedure.sacfna@gmail.com	01/03/2018	Jan 2019	X		
05-PR Coordinator	Eric B.	pr.sacfna@gmail.com	01/03/2018	Jan 2019	X	X	
06-Senior RCM	Johnny J.	rcm.sr.sacfna@gmail.com	06/27/2018	July 2019	X	X	
07-Junior RCM	Javier C.	rcm.jr.sacfna@gmail.com	06/27/2018	July 2019	X	X	
08-Treasurer	Julie L.	treasurer.sacfna@gmail.com	06/27/2018	July 2019	X	X	
09-Asst. Treasurer	Ronda K.	assist_treasurer.sacfna@gmail.com	06/27/2018	July 2019	X		

Task Leaders	Name	Email	Elected	Term	Oct	Nov	Dec
10-Literature Task Leader	Nick J.	literature.sacfna@gmail.com	06/27/2018	July 2019	X	X	
11-Asst. Literature Task Leader	Travis F.	assist.literature.sacfna@gmail.com	06/27/2018	July 2019	X	X	
12-H&I Task Leader	Mike L.	h.i.sacfna@gmail.com	10/03/2018	Oct 2018	X	X	
13-Phoneline Task Leader	Gilbert	phoneline.sacfna@gmail.com	09/05/2018	Oct 2018		X	
14-Schedule Task Leader	Lenna	schedules.sacfna@gmail.com	10/03/2018	Oct 2018	X	X	
15-Outreach Task Leader		outreach.sacfna@gmail.com		Oct 2018	X		
16-Unity Day Task Leader	Debbie T.	unityday.sacfna@gmail.com	10/03/2018	Oct 2018	X	X	
17-Webservant Task Leader	Gabor	webservant.sacfna@gmail.com	10/04/2017	Oct 2018	X	X	
18-Volunteer Coordinator	Tiffany	vc.sacfna@gmail.com	10/03/2018	Oct 2018		X	
19-Coffee Person	Leah	-	01/08/2016	Jan 2018	X		

SacFNA ASC Group Sign-In and Changes Sheet

	A	B	C	D	E	J	K	L	T
1	Group	Meeting name	Days	Address and time	Meeting				
2	Num				Type	OCT	NOV	DEC	Comments
3	Multi Meetings								
4	01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Tuesday, 6pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 6pm, 100 Woodland Ave., Woodland Friday, 5 pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Saturday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm Tue 1 hr, CL Wed 1 hr, BS Thur, W Fri 6pm Sat 6pm, Sun5pm	x	x		
5	02	Over the Rainbow	Multi	Tue, 7 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac (NOT DOWNSTAIRS)	LGBT, 1hr all mtgs	x	x		
6	03	Elk Grove Home Group	Multi	8170 Laguna Blvd., Ste 107 Tuesday, 7:30 pm Thursday and Friday 7 pm	Tues , 1 hr Thur BS, 1 hr Fri 1 hr	x	x		
7	07	A New Way of Life	Multi	Sat, Noon, 7595 Center Parkway, Sac Sun, 8:00pm, 7595 Center Parkway, Sac	Sat Noon 1hr Sun 8 pm 1hr				
8	31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed-Fri 1 hr		x		
9	33	Oak Park Fellowship	Multi	Tuesday, 6:00 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, 11:30am, 3425 Martin L. King Jr. Blvd. 2nd Saturday only, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Only Speaker meeting	x	x		
10	38	Through The Gate	Multi	Wednesday 7:00pm -8:30p Sunday 7:00p-8:30p - 2801 C Aramon Dr, RC	Wed Sun BD Wkly	x	x		
11	55	Hump Day Hope	Multi	Tuesday, 12 - 1p, 5321 Stockton Blvd, Comm Rm, Sac Wednesday, 12p-1p, 5321 Stockton Blvd, Comm Rm, Sac Wednesday, 8p-9p, 5321 Stockton Blvd Comm Rm, Sac Thursday, 12 -1p, 5321 Stockton Blvd, Comm Rm, Sac	Tue 1hr Wed BS 1hr Weds evng 1hr Thur 1hr		x		Tuesday and Thursday 12 to 1
12	65	Group 55	Multi	Mon, Wed, Fri 12:00pm, 4400 58th St., Sac	Mon TD Wed Speaker Fri BS	x	x		
13	67	Getting it Right Downtown	Multi	1017 10th St, Sac Monday, Wednesday, Friday 8:00am - 8:50am	Mon Spk 1hr Wed JFT 1hr Fri D 1hr	x	x		
14	81	Recovery at 1500 North A Street.	Multi	1500 North A Street, Sac Sunday 4:00pm-5:00pm Tuesday 7:00pm-8:00pm	Tue- Spk Sun- BS 1hr		x		

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15	87	Take a Break to Recover	Multi	11:00am -12:30pm Mon, Tue, Thu, & Fri 7th Str, 2nd Flr, Sacramento 95814	720 Mom -IP Tue - JFT Thu-BS Fri-BS Living Clean		x		
16				Number Attended		7	11	0	
17				Total Meetings this month		12	12	12	
18				Sunday					
19	06	Surrender for Serenity	Sun	5:30 pm, 2201 Benita Dr., Rancho Cordova	1 hr, D				
20	39	Stepping Stones	Sun	6:00 pm, 9270 Bruceville Rd., Sac	Spk, D, 1.5 hrs	x			
21	93	The Morning Wake Up	Sun	8-9:30 am 3900 47th Ave, Sac @ Mercy Housing	1.5 hrs	x			
22	96	Sunday Morning Recovery	Sun	10:00 am 720 7th Street, Sac	1 hr Speaker	x	x		
23				Number Attended		3	1	0	
24				Total Meetings this month		4	4	4	
25				Monday					
26	14	Freedom from addiction	Mon	12:00-1:00pm, 7171 Bowling Drive suite 300, Sac	1 hr D				
27	10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	1 hr, NWA, T, D,	x	x		
28	12	Cope Without Dope	Mon	7:00 pm -7128 Florin-Perkins Rd, Sac	1 hr	x	x		
29	28	Clean & Full of Recovery	Mon	7:00 pm, 2100 J Street, sac Buzzer to get in	1hr		x		
30	46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	Discussion, No CC, 1 hr	x	x		
31	51	Off 99 @ Saybrook	Mon	6:30 pm,= 4390 47th Ave, Sac	1 hr 2nd Mon BS	x			
32	66	Monday night grab bag	Mon	6:30pm - 9145 Franklin Blvd, Elk Grove, CA 95758	1 hr Grab Bag/ JFT	x	x		
33	86	Boulevard Court Recovery	Mon	7pm- 8:15 pm - 5321 Stockton blvd, Sacto,CA 95820 Blvd Court Community Rm	1 hr 15 min Speaker	x	x		
34				Number Attended		6	6	0	
35				Total Meetings this month		7	7	7	
36				Tuesday					
37	11	No Frills	Tue	7:00 pm - 2376 Zinfandel Drive, Rancho Cordova	No CC	x	x		
38	44	The Highlands Group	Tue	7:00 pm - 6010 34th Street, North Highlands	CL, 1 hr, no children please		x		
39				Number Attended		1	2	0	
40				Total Meetings this month		2	2	2	
41				Wednesday					

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1	Group	Meeting name	Days	Address and time	Meeting				
2	Num				Type	OCT	NOV	DEC	Comments
42	13	Clean on Capitol	Wed	7:00 pm - 2100 J St. in Chapel, Sac	1 hr	x	x		
43	21	Galt Fellowship	Wed	Wednesday 6:00pm-7:00pm, 571 C Street, Galt	1 Hr	x	x		
44	27	Quest for Serenity I	Wed	Wednesday 7:00pm-8:00pm, 3900 47th Ave	1 Hr		x		
45	82	Welcome Home Men	Wed	7:30pm 7300 Wyndham Dr. Sac. CA Conf Room 1	M		x		
46				Number Attended		2	4	0	
47				Total Meetings this month		4	4	4	
48				Thursday					
49	16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park	1 hr 30 min		x		
50	50	Ounce of Hope	Thu	7:30 pm - 2450 Meadowview RD, Sac	1 hr		x		
51	60	South Sac Recovery	Thu	7:00pm - 3900 47th Ave., enter at rear on Martin Luther King	1 hr	x	x		
52				Number Attended		1	3	0	
53				Total Meetings this month		3	3	3	
54				Friday					
55	18	Recovery Connection	Fri	7:00 pm - 2101 Zinfandel, RC	Birthday every week	x	x		
56	20	Natomas Group	Fri	7:00 pm - 910 Striker Ave., Ste. C, Sac	Last Fri - JFT/Birthday	x	x		
57	24	Cons "R" Us	Fri	8:00 pm - 2620 Capitol Ave., (upstairs) Sac	1 Hr	x	x		
58	64	Keeping It Real	Fri	6:00 pm -2620 Capitol Ave., Sac	1 hr	x	x		
59	83	12 Steps to Freedom	Fri	7:00pm - 3900 47th Ave, Sac -	1 Hr		x		
60	88	NeverAlone, Never Again	Fri	7:00pm -8:00pm 5836 Dudley Blvd -	1st Fri- Chair 2nd Fri - Book/Potluck 3rd Fri - Speaker 4th Fri - Chair 5th - Stick		x		
61				Number Attended		4	6	0	
62				Total Meetings this month		6	6	6	
63				Saturday					
64	05	Saturday Night Live Elk Grove	Sat	Saturday 8:00pm-9:15p 9270 Bruceville Road Elk Grove	1hr 15min	x	x		
65	22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	x	x		

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2	Num					OCT	NOV	DEC	Comments
66	23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave. Room 4, Sac	W	x	x		
67	25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac		x	x		
68	41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac 95864 Lutheran Church, Arden and Morse Ave.	M	x	x		
69	43	TU Women	Sat	Noon - 3900 Martin Luther King, Sac	W	x	x		
70	79	Quest for Serenity II	Sat	7:00pm, 3900 Martin Luther King, Sac	1hr,30 min		x		
71				Number Attended		6	7	0	
72				Total Meetings this month		7	7	7	
73									
74				Monthly Number Attended		30	40	0	
75				Monthly Total Meetings		45	45	45	
76				Quorum = 50%+1 of meetings rounded up		24	24	24	
77				Percent Attended Current Month		66.7%	88.9%	0.0%	

Sacramento Fellowship of Narcotics Anonymous
Area Service Committee Minutes for "November 7, 2018"
REMINDER: New GSR Orientation will now be at 6:30pm

I. Call to Order at Sierra 2 Center, 2741 24th St, Sacramento at 7:00pm

II. Prayers & Principles

- A. NA Service Prayer – "God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of Your will and grant us a bond of selflessness that this may truly be Your work, not ours – in order that no addict, anywhere, need die from the horrors of addiction." – NA Basic Text, page xvi
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

III. Roll Call/Minutes/Proposals - (7th Tradition Basket will be passed around)

- A. Roll Call/Group Reports/Verify Quorum
- B. Recovery Birthdays
- C. Suggestions for Brainstorming
- D. Approval of Minutes from "October 3, 2018" **Approved**
- E. Proposals
 - 1) Guideline Review Changes **Approved**
 - 2) H&I Blues Fest 2019 budget/ad hoc committee

IV. Elections- In January- Chair, Vice Chair, Admin. Assistant, Policy and Procedure Person, and Public Relations Coordinator.

- A. Outreach Task Leader – **Deferred to next month**
- B. Phonelines – **Gilbert re-elected**

V. Break – 10 minutes

VI. General Session

- A. Thanks to those ending their terms
- B. Reports from Admin.

Chair (Literature, Schedules, Treasurer, Web)	Policy & Procedures	PR Coordinator (Phonelines, H&I)
Vice Chair (Outreach, Unity Day, Vol. Coord.)	RCMs	Treasurer, Assistant Treasurer
Admin Assistant		

Please read the written reports before we meet and be prepared with questions and/or comments.

VII. Brainstorming and Dialogue

- a. Area Inventory : **Inventory done, will work on action plan**
- b. Webpage through Google Docs: **Deliberated, nominated for admin to take action and share plan**
- c. Online meetings/Intherooms.com:

Deliberation: The group booklet: Page 2: What makes a group?

Do we want to do our own online meetings?

We will discuss at admin: budget line item if wanted?

None are registered with World, up to area to recognize groups and organization the group use to organize the meeting

Clarification on how it was brought up:

GSR brought up intherooms.com holding NA meetings

Are they violating any traditions? Concepts

Region is looking into it also

Deferred to next month

d. Banner: At Elk Grove home Group on Thursday nights

Updates online more accurate and up to date

Spirit of the Banner, to network and visit other groups

Please email outreach and admin assistant to keep updated

e. Blues fest H&I:

Working on Budget and doing it Bi-Annually: H&I committee, Ticketed event

VIII. Additional Proposals –

IX. Update from ASC Treasurer –

Beginning Balance November 2018		Available Funds for ASC	\$7,820.82
Beginning Balance November 2018		Available Funds for H&I	\$5,784.79

Today's Activity at ASC:

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Activity since last ASC H&I:

Ending Balance			ASC	\$
			H&I	\$
			Total Balance in Checking	\$

The Treasurer will have the revised treasurer report in her December report. Thank you for your patience.

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X. Close by 9:30 with the "We" version of the Serenity Prayer

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- **Schools Presentation Task Group Meeting: Nov. 12th, 7pm**, Straw Hat Pizza, 2929 Mather Field Rd., Rancho Cordova, 95670 (2nd Mon)
- **Public Relations Task Group Meeting: Dark this month**

ADMIN REPORTS:

Chair Report

I attended Admin. on Nov. 21st. We discussed our ASC Inventory and are working on an action plan including ways that we can address the concerns and suggestions made by our groups that we will present at Area as soon as we have it completed.

Thank you all for being here and allowing me to be of service,

Tamara R.

- **Literature**

Hello SacFellowship,

Last month at SacFellowship Area it was brought to my attention that the back order form process was unclear. As your literature task leader it is my responsibility to go over your literature order and money order/check. I add up the cost each item to make sure the amount you gave me matches. When we as an area run out of a certain item we give you a back order slip in your bag. It is up to you as a group to bring it back to the next ASC to claim the literature you already paid for. The slip now looks like this:

Backorder form

Group name:	Group name:
Items on Back Order	Quantity of Item
1:	
2:	
3:	
4:	
5:	
BRING THIS FORM TO THE NEXT ASC TO GET ANY ITEMS THAT ARE ON BACK ORDER	
It is YOUR responsibility as a GSR to bring this form back. Your literature will NOT be filled without this form	

As I am a nice person I would love to believe everyone who says we didn't get this in our bag or we had a back order and its not in my bag, so remember to check your bags before you leave. If you give your receipts to your group treasurer, I suggest you staple the back-order form to the blank order form so at your business meeting when you fill out the new literature form.

I attended admin this month and we went over the inventory and started the action plan. I have ordered the literature and will go pick it up when it is ready. I really enjoy being of service to SacFNA. If you are interested in any admin positions, I suggest you come to admin on the third Wednesday of December! Ill be there and you can see and learn what each position is responsible for!

Thanks for letting me be of service!

Nicholaus J

Literature task leader

- **Schedules**

I sent the schedules off to the printer, yesterday. That is all I have to report.

Thank you for allowing me to be of service.

Lenna

- **Treasurer's Report**

First off, thank you LaRee for stepping up to assist last month. It is always our pleasure working with you.

We have reconciled our accounts through October 2018, then will reconcile again when we receive November bank statement.

Dec 19th, two admin team members will Audit last quarter Treasury activity records.

Thanks for allowing us to be of service.

Sac FNA Treasury Team

- **Web Servant**

Hi Everyone,

This month I converted some flyers, then posted them to the website. Just a quick reminder, if you have an upcoming event, please make sure to send us a softcopy.

A pleasure to being in service,

Gabor

Vice Chair Report

I attended admin meeting this month. I am sorry but I am out of town for work this week and won't be attending area.

Mike

- **Outreach**

Vacant Position, would you like to volunteer to be of service for this?

- **Unity Day**

We have chosen and a location for the group!!!! We will start Meeting in February 2018, Meetings will be held the 1st and 3rd Sundays.

So for February it will be February 10, 2018 and February 17, 2018, it will not be February 3, 2108, due to Super Bowl Sunday!!!!!!!!

We will meet from 4 to 6pm

You ready for the location..... 3520 Bradshaw Road.

We have sign-up sheets to take bake to your group. Please announce each week in your group and pass it around and bring it to the January ASC.

Thank you,

Debbie

- **Volunteer Task Leader**

I just want to thank everyone for letting me be of service. I am really excited to step up for the position. I am working on a volunteer workshop to be set up with Region. I believe it is very important for members to know what they are volunteering for and the importance that it has on NA as a whole. I have made volunteer pool forms for GSR's top take back to their groups. I would like to challenge everyone to get 2 volunteer pool forms filled before the next ASC. Also I encourage each GSR to fill one out and turn it in before leaving tonight.

Thank you again.

Sincerely, Tiffany

Admin Assistant Report

Hi everyone,

After the November ASC I updated the roll and email changes and emailed them out to the corresponding trusted members. I went to the Admin meeting and participated in the ASC Inventory.

I am here if anyone would like to work with me to see what the admin position entails.

Thank you for letting me be of service,

Emily L

Policy and Procedure Report

Hi everyone, thank you for approving the SacFNA Guidelines and Service Structure last month. I finalized the changes and made some copies for those who may be unable to print the new guidelines. Remember, - each GSR is responsible to read the SacFNA Guidelines and Task-Based Service Structure. It's important to keep a copy of the new guidelines in your binders. Action Requested: Please recycle the old versions and put the new version in your binders now.

A Positive Message of Service

I attended the admin team meeting in November and we addressed the comments and questions in the Area Inventory. I realized that it's important to share a positive message about what being of service at the Area level means to me. I had spent many years in the "hallway," rather than participating in my recovery within the rooms of Narcotics Anonymous...Moving to Sacramento in 2009 and coming back to active NA membership, it was important to end my complacency and stop isolating. Starting in group level service as a GSR, and later as the H&I Secretary was just what I needed to learn about the service structure and give back what was so freely given to me. It was also a chance to learn how to communicate and to practice the spiritual principle of anonymity, which is at the heart of all our traditions. Later stepping into Area service as the Policy Procedure person gave me a chance to meet and work alongside many wonderful people, and to help the Area conduct its business, to serve the groups and ultimately the addict who still suffers. Most of all, I've been able to practice consensus-based decision making and really experience then group conscience at a deeper level, and this has afforded me a closer relationship with my higher power.

I have seen some folks at Area complaining various issues. My hope is that each and everyone will consider how we frame the message of service and be a positive influence on others - by sharing what service has done for you and how it helps your recovery. This way, we can practice attraction rather than promotion, and hopefully more NA members will try out Area-level service as NA continues to grow. It's worked for me and it will work for you too!

P.S. My term will be ending in January and I'm available to help train the next person to step up as a policy and procedure person.

Cordially, Nina P.

Public Relations Report

It was a dark moth due to the holidays.

Eric

- **Phoneline Report**

There were 20 calls to the helpline from November 1st to November 28th. All calls were forwarded to a volunteer, there were no abandoned calls reported by the machine. There were 3 messages left on the system in November. One of the messages was a hang up. One of the messages was from a man asking for information, I tried to call him back but was unable to reach him. The other message was from a man asking for information, I was unable to call him back. The machine also reported 5 missed calls in November. The machine does categorize a call as missed when the caller chooses the option to listen to the recordings rather than have their call transferred to a live person. Therefore the missed calls may be people listening to the meeting recordings.

Gilbert C.

H & I Report

Replace text with Report.

- **H&I Report**

Good evening everybody. We have added the A-House to our H&I facility list. It will be held on Friday nights starting in December. We are still working on a budget proposal for a possible Blues Fest October 2019. We have an updated

facility guide we will be looking at December 17th. As always please keep the word out at your groups for continual support needed at H&I

Facility news: "NDN"=No-Dark Nights (meaning that we could not have a meeting.)

- 4th and Hope – NDN Everything good.
- Bishop Gallegos – One DK, new volunteer 2nd Wednesday.
- Cache Creek – NDN Everything is good
- Diamond House – One DN
- Job Corp – NDN, One new volunteer 3rd Wednesday.
- RCCC – One DK on Women's side due to no access. Shorthanded on Men's side. Need volunteers.
- Sac Co Mental Health – NDN, new volunteer on 3rd Wednesday.
- Sac County Main Jail –NDN
- Sac Re-Entry VOA – NDN, everything is good.
- Salvation Army – NDN, everything is good. Lost one volunteer.
- St. John's Shelter – NDN, everything is good.
- Sierra Vista - NDN, everything is good.
- Walter House - NDN
- A-House- Starting in December on Friday nights.
- Yolo County Jail – NDN, Picked up a new volunteer starting December.
- Yolo County Juvenile Hall – NDN, in need of a Spanish speaking volunteer.

In Grateful service,

Mike L.

RCM's Report

Hello everyone,

Region was dark for the month of November, we had no meeting .

However we would like to remind everyone that NCCNA41 Preregistration is open online . The link is available at Norcalna.org or you can google it.

There are a couple of literature workshops available if you'd like to participate on producing new na literature you can find those links also at NorCal na. Org .

There are some great News Years events this year

Sierra Foothills:New Year's dance

Monterey area:New Year's black tie event

Sonoma:Xmas Narathon

East Bay Central:Lake Merritt Boathouse New Year's extravaganza

Sacfna: Recovery is real is having a New Year's bowling event

916 North Area: the camp fire has left them lacking in literature due to the fires they are having a book Drive you can find the link for that at NorCalna.org if you'd like to contribute.

Thank you for allowing me to be of service. Sincerely Johnny J

Happy holidays everyone

Beginning Balance Nov 2018		Available Funds for ASC	\$7,820.82
Beginning Balance Nov 2018		Available Funds for H&I	\$5,784.79

Today's Activity at ASC:

Account#	Expenses:		Account #	Income:	\$
614	Agenda Copies	\$73.51	520	Donations from groups	\$1,261.41
618	Storage Rental		560	7th Tradition at ASC	\$34.56
601	Regional donation	\$125.00	540	Donations for Coffee	\$6.48
605	Schedules		530	Group Literature	\$1,295.14
617	Rent (ASC & Admin/H&I)	\$240.00		Unity Day Hats	\$20.00
650	Phone lines	\$31.88			
616	Admin Supplies	\$65.32			
619	ASC Literature	\$3,076.17			
627.5	H&I Literature Expense	\$300.00			
614	Coffee Supplies				
603	RCM Mileage to RSC	\$20.00			
619	Literature Mileage to RSC	\$20.00			
630	PR Lit	\$4.80			
				Total Income at ASC	\$2,617.59
				Balance of Inc/Exp @ ASC	(\$1,339.09)
	Total Expenses	\$3,956.68		Ending Balance	\$6,481.73

Activity since last ASC H&I:

Account#	Expenses:		Account #	Income:	\$
627	Literature (H&I)	\$548.87	570	H & I Donation	\$356.74
628	Additional Schedules - only even months		590	H&I Literature Income	\$300.00
			572	H&I Fundraiser	
		\$			
		\$			\$
		\$		Total Income at ASC	\$656.74
		\$		Balance of Inc/Exp @ ASC	\$107.87
	Total Expenses	\$548.87		Ending Balance	\$5,892.66

Ending Balance		ASC	\$6,481.73
		H&I	\$5,892.66
		Total Balance in Checking	\$12,374.39